

The place of children and young people in Integrated Care Systems

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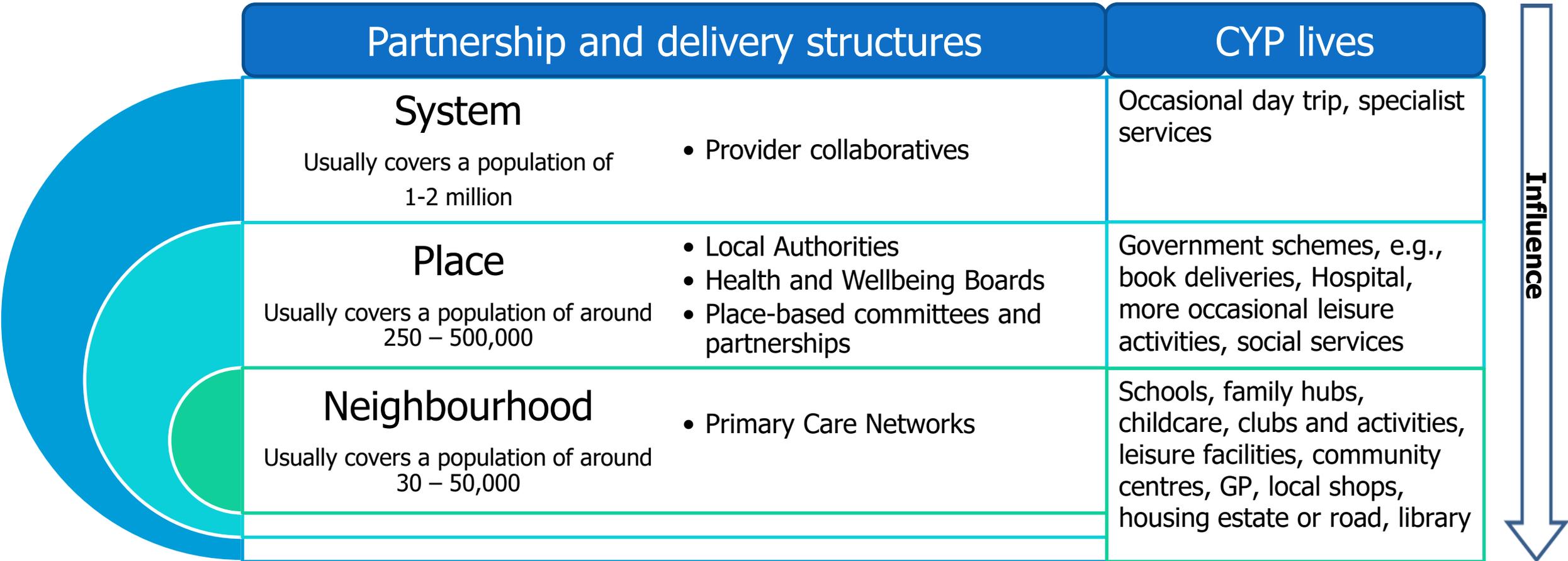
Believe in
children
 Barnardo's



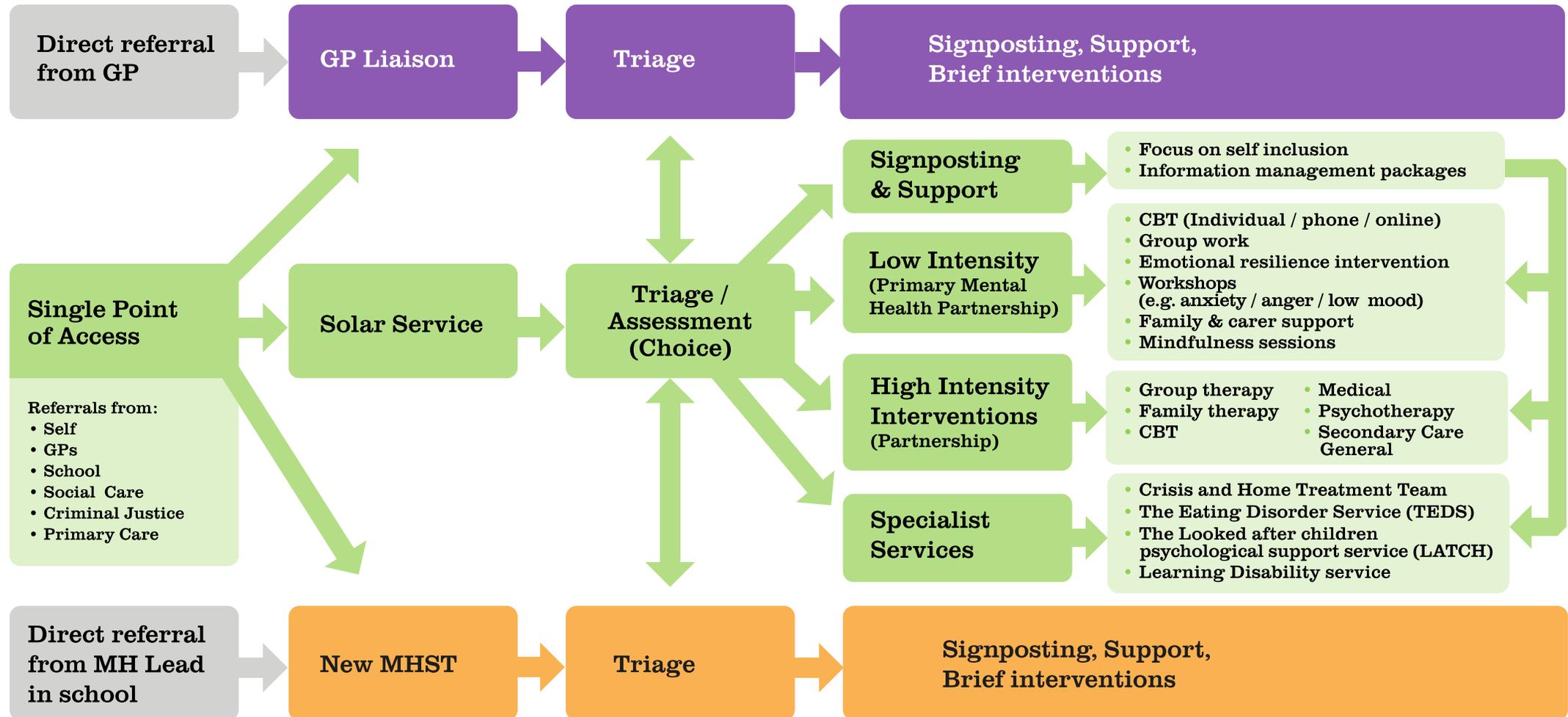
Barnardo's integrated care work



Systems level: Frimley ICS – CYP engagement at system, place and neighbourhood



Place level: Solar – an integrated local mental health offer

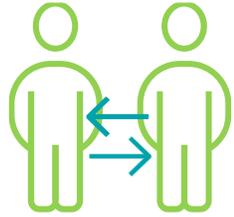


Neighbourhood level: LINK Social Prescribing

- A collaboration between Barnardo's and three Primary Care Networks.
- Offers social prescribing for CYP between 5 and 19 through a holistic approach to health and wellbeing.
- A co-production success story: CYP have been actively involved from the outset.
- Between September 20 – 21, the service supported 301 CYP aged between 5 and 19 (96% referrals accepted, 76% referrals came from GPs, 24% referrals came from education, CAMHS, youth workers & self-referral, 37% referrals for anxiety).
- Winner of the award for the Best Children and Young People Social Prescribing Project, Social Prescribing Awards in March 2022.

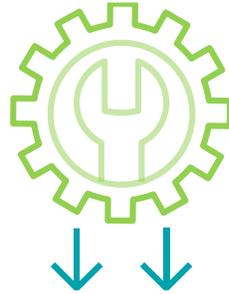


Neighbourhood level: LINK Social Prescribing – offer



1 to 1 support with a link worker

who will support, guide and listen using a range of interventions and skill sets



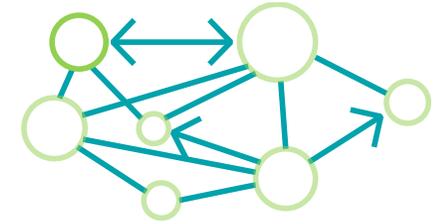
Assessment tools

based on *Signs of Wellbeing*



Drop-in wellbeing groups

in various settings



Working widely with other community groups

to connect young people to appropriate resources best suited to their needs, interests and circumstances

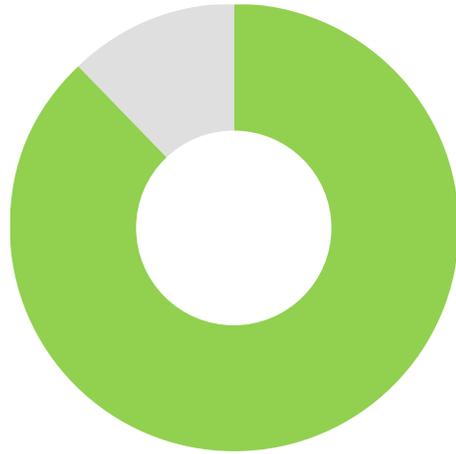
Tailored offer:

- 1:1 support for 6 – 12 weeks
- Group activities
- Volunteers
- Wellbeing drop ins
- School support
- Signposting & coordination

Support for a variety of health and wellbeing needs including:

Low mood, anxiety, emotional wellbeing, peer pressure, confidence, self-esteem, social isolation, negative thinking, relationships

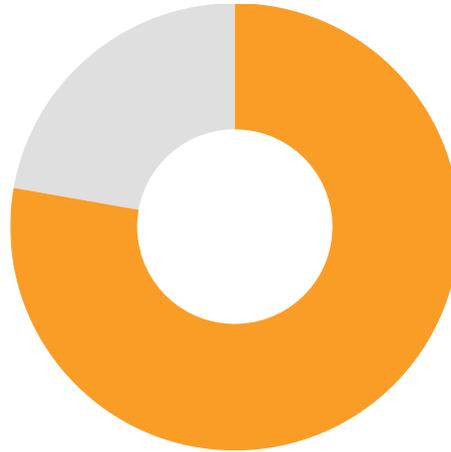
Neighbourhood level: LINK Social Prescribing – outcomes



88%

feel less isolated

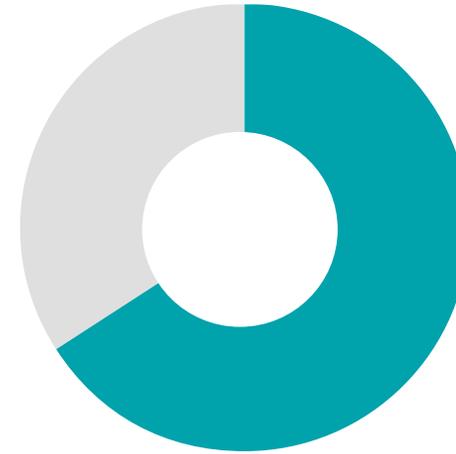
●% of CYP feel less isolated



78%

have increased self-awareness

●% of CYP able to manage emotions through increased self-awareness



66%

improved relationships with friends and family

●% of CYP experiencing improved relationships with friends & family

What do ICSs need to get right for CYP ?

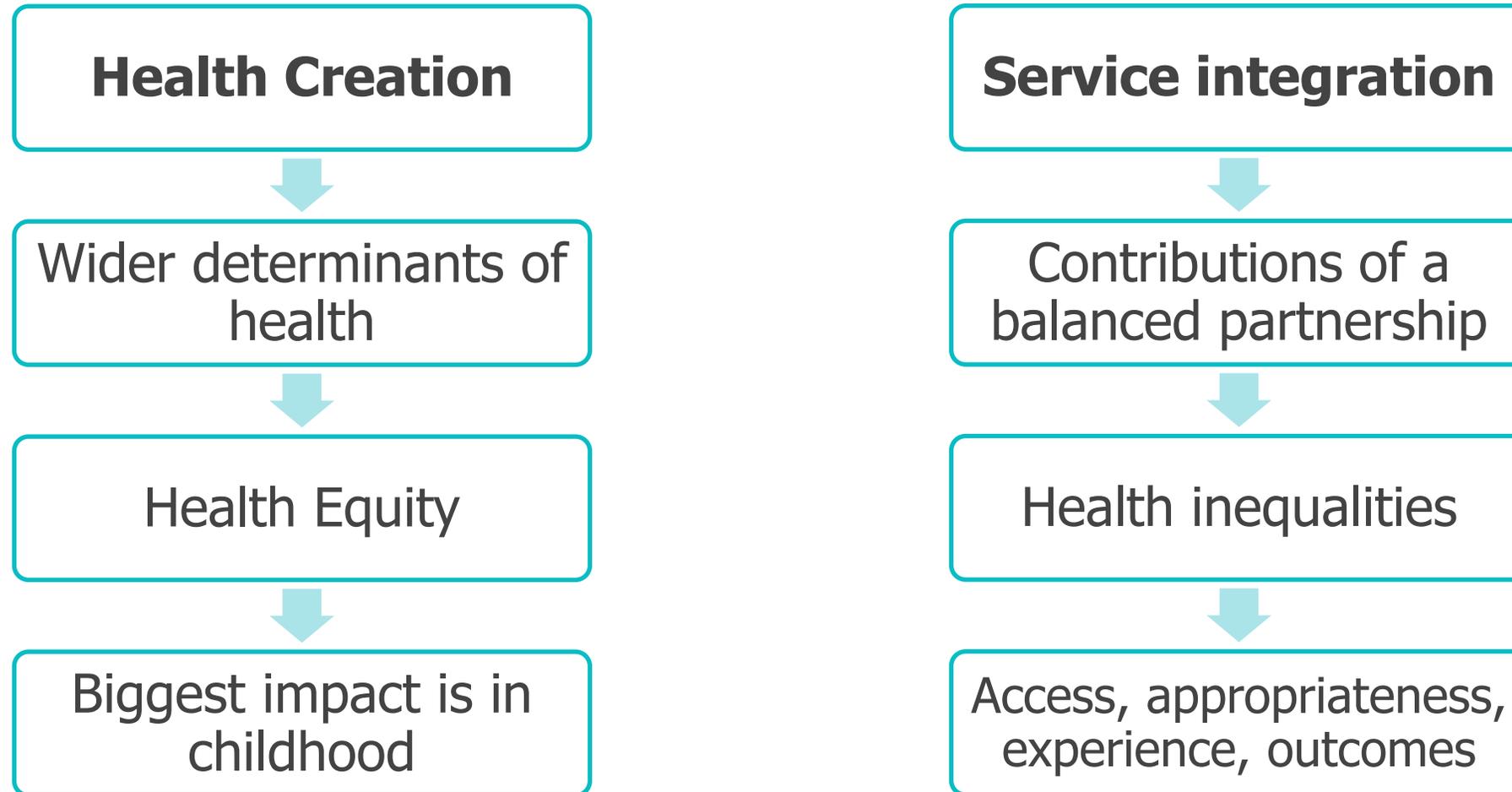
- Start with a **vision** from perspective of children and young people
- Develop a clear set of principles for what it means to embed **children and young people's voice** in decision-making and programme development
- Define **how system, place and neighbourhoods are meaningful to children and young people**, how they need to interact and how strategic plans need to respond
- Give equal priority to the **twin challenges of health creation and service integration** and optimisation
- Determine **priority shared outcomes** for children and young people, and what this means for all partners
- Reflect on and seize unique **opportunities** that ICSs create

Children's and Young People's Voice

- What are the top 5 things that matter to children and young people in this area?
- How would you justify your decisions to children and young people were they in the room today?
- What do we want to model to children and young people in the way in which we collaborate?



Twin challenges of health creation and service integration



Priority shared outcomes

How do we measure when services have not been working as an integrated system that puts CYP first?

How might we measure when things are going well for them?

- School readiness
- Childhood obesity
- Young people reporting low mood and/or anxiety
- School attendance
- Young people not in education, employment or training
- Crisis interventions, or unplanned care e.g. asthma, diabetes, A&E attendances

The opportunity

The design principles for an ICS Children and Young People's policy framework could include:

- Comprehensive in scope (health, social care, education and family life)
- Reflect the life-course of children and young people (pre-conception to 25years)
- Identify specific components to be addressed, and collective action of all partners
- Clear measures for assessing success and outcomes
- Equal weighting of health creation and service integration elements



Collaboration for Health Equity



We aim for equal weight to be given to children and young people's health creation as health and care service integration, in order to reduce health inequalities.

We will develop a Children and Young People's Health Equity Framework that will measure the things that matter for children. This will build on existing ICS requirements.

We will work closely with VCSE sector partners to develop a data 'plug-in' which allows a sector-wide approach to children and young people's wellbeing, and appropriately draws on VCSE sector intelligence and insight.

We are seeking to partner with 3 ICSs with whom to co-design the framework, approach measurement and resulting intervention to address an identified indicator.



We will be inviting ICSs to apply to be a collaboration partner this summer, before launching our programme in October 2022. We are seeking:

- Geographic coverage
- Mixture of deprivation status
- A strong focus on health inequalities
- A close relationship with the VCSE sector
- Commitment to resource their contribution
- Commitment to enable data sharing and access to Child Health Information Systems (in accordance with GDPR)